HOW TO MAKE THE MOST OUT OF THE "VIRTUAL" 2020 FRIENDS WOMEN 'S RETREAT

- <u>Block off the time.</u> Don't give in to scheduling other meetings or appointments just because you will not be out of town. Devote this time to concentrating on what God has for you and for being virtually present with the other women.
- Invite someone to join you to watch it. If safely possible, gather with other women at your church. You may bring a lunch or have food brought in. This may be a unique opportunity for a woman who would not have otherwise been able to attend due to travel or financial constraints to participate.
- <u>Make sure you have a good</u> <u>internet connection.</u> This may mean participating from a different location, like a local meeting room or hotel.
- <u>Prepare!</u> Find a comfortable spot (but don't fall asleep!) with your Bible, notepad and pen, your favorite drink, and snack.
- <u>Take a break from your phone</u> (unless you're using it to connect to the conference). You can check messages during breaks or after it's over.
- <u>Don't just watch</u> <u>PARTICIPATE!</u> Allow yourself to sing, laugh, or even cry, if you are so moved.
- <u>Pray!</u> Pray that God will give you a good attitude and help you receive from Him during this "different" experience. And pray for all aspects of the event to work well!



The **2020 FRIENDS WOMEN RETREAT** has been moved to a "Virtual" (online) event on Zoom due to uncertain mask and gathering restrictions and to assure the safety of all women participating during the COVID-19 pandemic.

The new dates are September 18 (7 - 9 pm) and September 19 (9 am to 4:30 pm). No Sunday session. We will enjoy praise and worship music and our speaker, Jan Johnson. There will be fun activities and "Zoom" prizes will be given throughout the event.

No one is more disappointed than us. This is definitely not the vision we had 2 years ago when we began planning retreat, but GOD saw and has prepared us along the way. We trust that you will adapt with us and be prepared for a WONDERFUL event!

~~The North Central Area 2020 Retreat Committee

PRAYER CORNER

Our Retreat Prayer Team will be available throughout the weekend to pray with and for you. Just email your requests to prayingforyou920@gmail.com

We will be honored to intercede on your behalf.



VIRTUAL FRIENDS WOMEN RETREAT September 18-19



Meet Our Speaker – Jan Johnson



I am a writer, speaker and spiritual director who has degrees in biblical studies and Christian spirituality. Everything I write and speak about flows out of these three areas: Spiritual formation, Partnering with God in caring for the voiceless, and Living with Purposeful Intentionality.

I spend most of my work days writing books, magazine articles, newspaper essays, and Bible studies in my office at my home in Simi Valley, California. I began writing Bible study curriculum about twenty years ago that would reach the teens in the inner-city neighborhood where we lived. Gradually, I switched to writing for adults and then began writing articles and books.

About ten years ago, I began speaking extensively and found that I was most called to situations in which I could teach several sessions in depth. About the same time, I also took classes to become a spiritual director. I now do these things with great joy.

MUSIC & WORSHIP will be led by *Carrie Beyer* of Baxter Springs, KS. Carrie has been leading worship since she was a teenager. Her music repertoire pulls



from her experiences singing hymns as a child and now leading worship in contemporary style church services.

Most important to her is that she leads people to worship from their heart as we fix our eyes on Jesus —even in a "virtual" format.

Carrie will be joined by her musical family, husband, Randy, and sons, Nile and Zane.

Online Schedule

<u>A FRESH LOOK AT JESUS</u>

FRIDAY, SEPTEMBER 186:30 pmBegin logging on7:00—9:00 pmSession #1"Jesus, the High Relater"

SATURDAY, SEPTEMBER 19

8:30 am 9:00 <i>"Jesus, the Em</i> j	Begin logging on Session #2 powering Mentor and Guide"
11:45Break12:00LunchPlease stay logged on for mission updates,2021 Reading Course book reviews, and mor	
<i>"Jesus, the Rela</i> 2:45 3:00	Session #3 ixed Challenger" Break Session #4 inpassionate Adventurer"
4:30	Dismiss

Auction Alternatives

Since having a silent auction or online auction will be challenging to do, we invite you to be creative in finding alternative ways to help provide these needed funds. Ideas might include a silent or live

auction at your viewing location or church, a bake sale, selling fresh garden produce, or just taking a special offering. All proceeds should be sent to the same address as registrations and will be used to cover additional retreat expenses, scholarships for next year's retreat, and Missions.

Registration Due September 16

NAME		
ADDRESS		
CITY/STAT	E	
ZIP	PHONE	
EMAIL	MAIL	
(Your Zoom link will be emailed to this address no later than 2 days before the event.) CHURCH		
COST : \$25	5 per person	
and pay t watching needed to	rson participating should register he \$25 fee, even if you will be with a group. This minimal fee is o cover honorariums and other olved with the retreat.	
Make chec	ks to <u>Friends Women Retreat</u>	
<u>Mail regist</u>	ration and check to:	
	Alice Thompson	

325 N. Hobart St., Glen Elder 67446

ONLINE REGISTRATION and EVENT UPDATES (including session handouts) are available at:

www.friendswomen.com 2020 FW Retreat Facebook event page Instagram @fwfellowship

Registration and Payment due by September 16, 2020