### **Retreat Venue**



Shepherd of the Ozarks is a year-round, 460-acre Christian Conference and Retreat Center located in the heart of the Ozark Mountains in Northwest Arkansas.

Nestled in this wilderness setting are nine luxurious log-cabin-style lodges varying in decor and size to sleep from 10 to a group of 400 people. All of them include kitchens, meeting spaces, private bedrooms and bunk areas. Massive rock fireplaces, rocking chairs on the porch and comfortable beds invite you to come away for refreshment and relaxation.

In this natural setting you'll see bald eagles, blue heron, mountain goats, raccoons, otter, fox, and many beautiful birds. You'll hear tree frogs



and bull frogs at night, see fireflies and bats (our friends that eat the mosquitoes). In the wilderness sky, you'll see constellations, stars, planets and orbiting satellites.



http://www.sotocamp.com/

### **Registration Information**

#### Costs

\$275/person or \$550/couple (double occupancy) \$400/person private rm (subject to availability) \$85/child, 4-12 years old (0-3 are free)

**Price includes** all scheduled programming, meals, lodging and onsite activities.

**Scholarships** are available to help offset registration costs. Contact the Ministry Center to request assistance: 316-267-0391.

**Childcare** is available during all general sessions, by request. Please indicate this request in the online registration process.

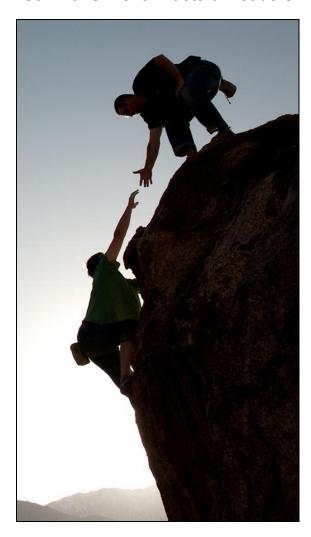
Free time options at no additional cost include self-guided hiking trails, a spring-fed mountain creek for swimming, fishing, snorkeling (bring your own gear), river tubing (tubes provided), skipping rocks, catching minnows, hammock hang out (bring your own hammock!), sand volleyball, 9-hole disc golf course, gaga dodge ball, 9-square in the air, covered basketball court, horseshoes, geocaching, recreation fields and campfire pits. Other activities available at an additional cost include horseback rides, high ropes course, archery, slingshot, leap of faith, trust fall, paintball and hayrides.

**Registration deadline is March 1, 2022.** Please mail payment and registration form to EFC-MAYM, 2018 W Maple, Wichita, KS 67213, or register online by visiting <a href="https://www.efcmaym.org">www.efcmaym.org</a>.

**NOTE**: We will be collecting an offering during this year's Sabbath Retreat to help offset the costs for our Burundi Friends Church Pastor's Retreat.

## Help for the Helper

Survival Skills for Pastoral Leaders



Pastor's Sabbath Retreat
April 1-4, 2022
Shepherd of the Ozarks
Harriet, Arkansas



# Retreat Facilitators: Tony & Stacey Wheeler

Tony and Stacey recently accepted an invitation to serve together as Directors of Pastoral and Church Health for EFC-MAYM. In this role, they have the privilege of coming alongside our pastors and the congregations they serve to:

- Provide compassionate care for EFC-MAYM pastors and their families, serving as crisis counselors and life coaches.
- Provide congregational care for EFC-MAYM churches that are in acute crisis, conflict or in need of special assistance.
- Provide personal training and practical resources for EFC-MAYM pastors and churches as they seek to nurture healthy marriages, families, and congregations.

Tony and Stacey co-founded Wheeler Ministries to provide help and hope for individuals, couples, families, and church leadership teams. Tony and Stacey have been married for 34 years and have been blessed with three children (Isaac, Adele, Audrey) and five grandchildren (Amelia, Evangeline, Judah, Jedidiah and Jireh).

### **Retreat Schedule**

### Friday, April 1 3-6 pm Check In 6:00 pm Dinner 7:00 pm Welcome Session 8:30 pm Fellowship Saturday, April 2 8:00 am Breakfast 9:00 am "Help for the Helper" Session 1 with Tony & Stacey Wheeler 10:30 am Silence & Solitude 12:00 pm Lunch 1-6 pm Free Time: Rest & Renewal Dinner 6:00 pm "Help for the Helper" Session 2 7:00 pm with Tony & Stacey Wheeler 8:30 pm Fellowship Sunday, April 3 8:00 am Breakfast 9:00 am "Help for the Helper" Session 3 with Tony & Stacey Wheeler 10:30 am Silence & Solitude 12:00 pm Lunch 1-6 pm Free Time: Rest & Renewal 6:00 pm Dinner "Help for the Helper" Session 4 7:00 pm with Tony & Stacey Wheeler 8:30 pm Fellowship Monday, April 4 8:00 am Breakfast

9:00 am Closing Session)
10-11 am Check Out

### **Retreat Registration**

\$	Amount Enclosed
Payment is due in full by March 1, 2022	
Please indicate anticipated arrival time if later than 6:00 pm on Friday, April 1:	
Home Church	
Email	
Cell Phone	
State	Zip Code
City	
Address	
Child's Name & Age	
Spouse's Name	
Pastor's Name	

